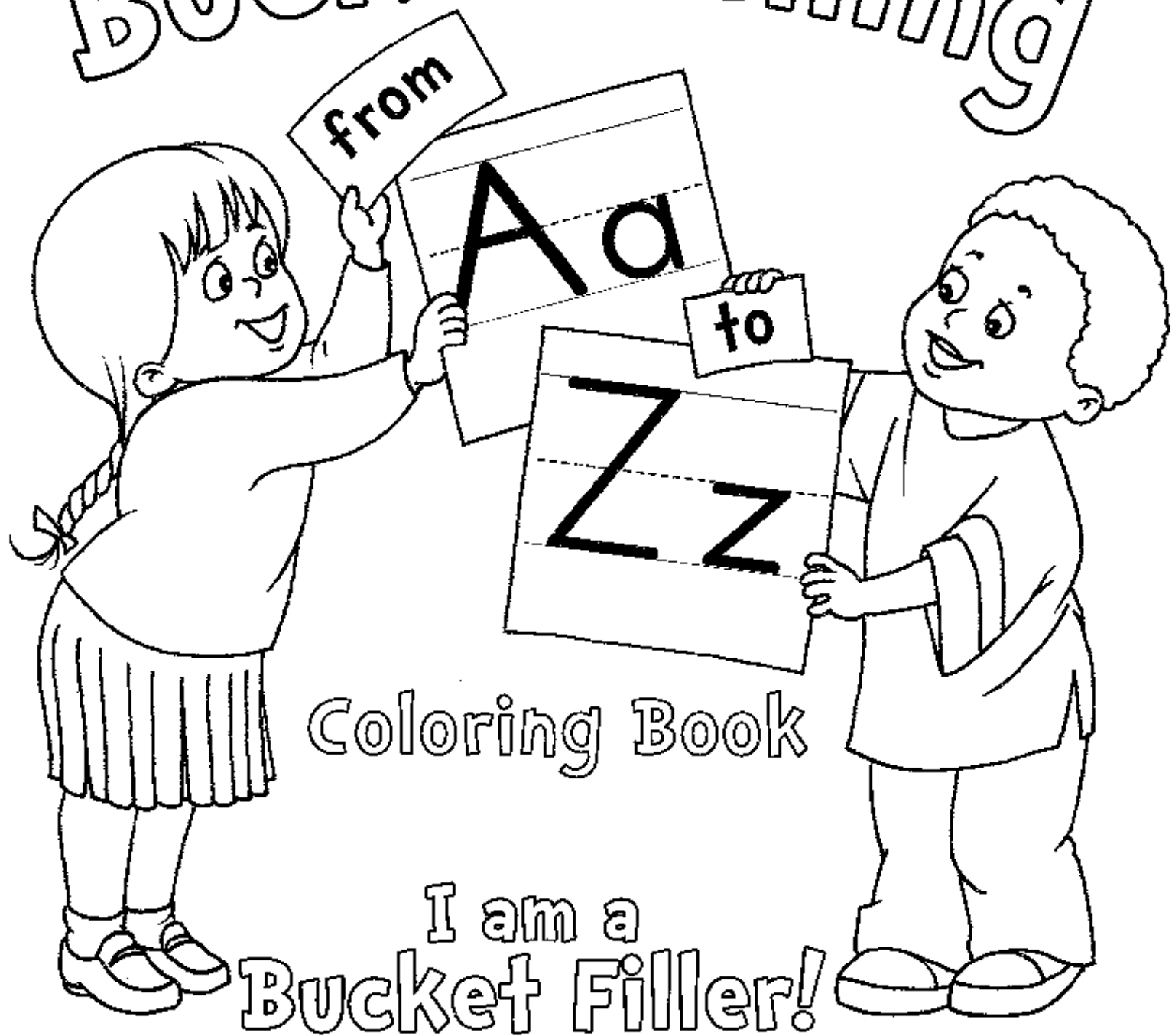


My Very Own
Bucket Filling

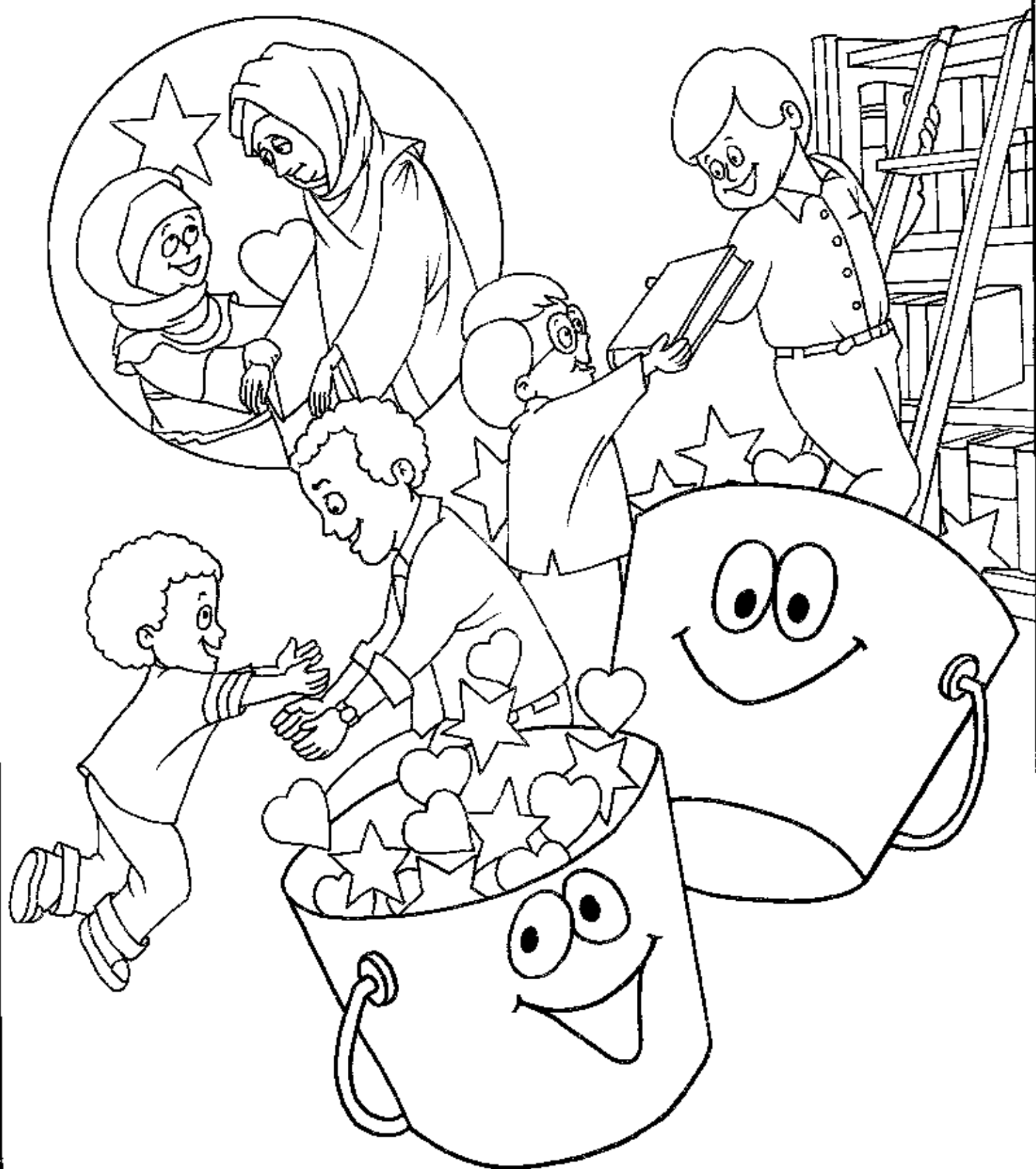


Coloring Book

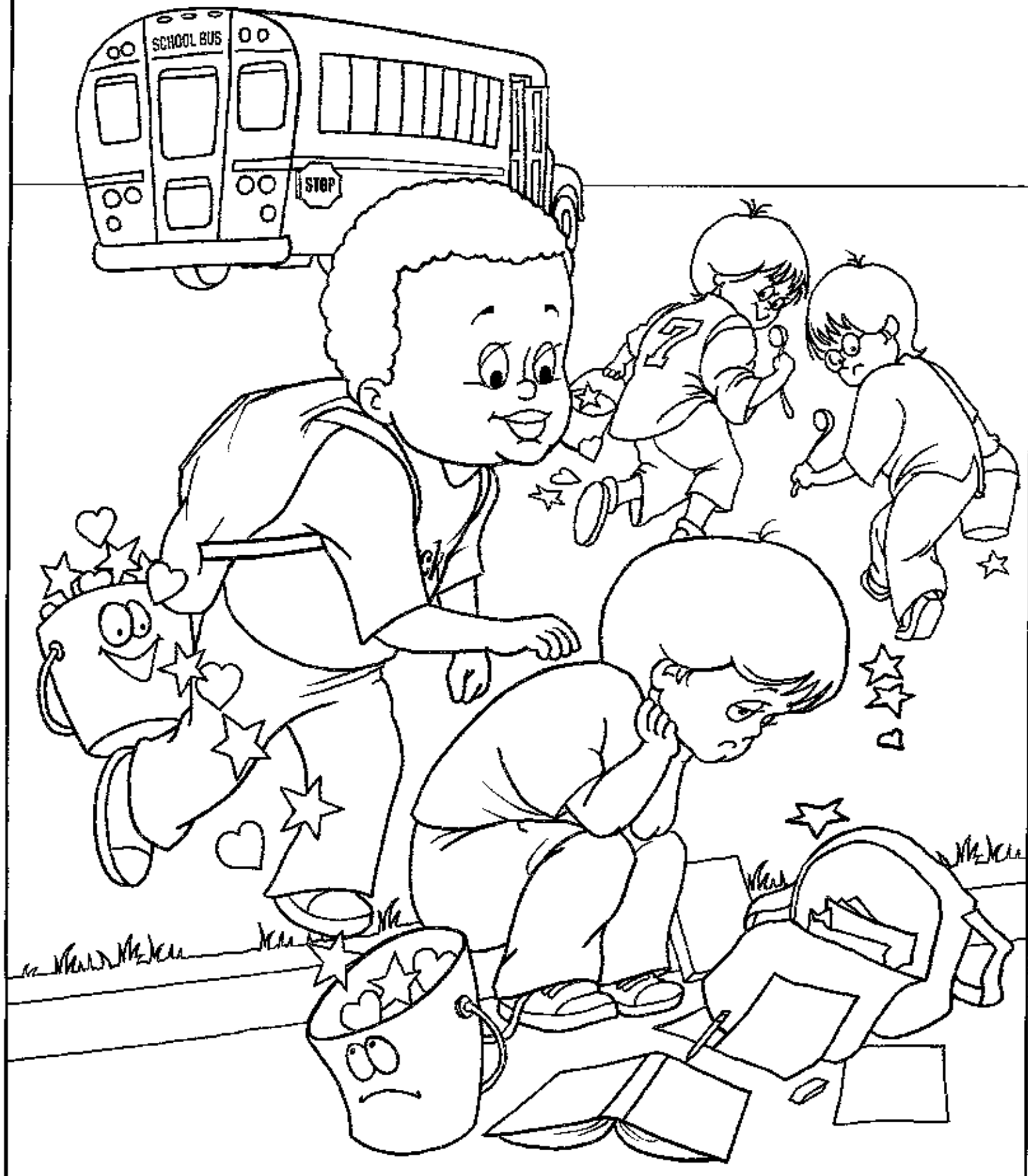
I am a
Bucket Filler!

My name is: _____

Be kind and be a bucket filler



Don't be mean and dip

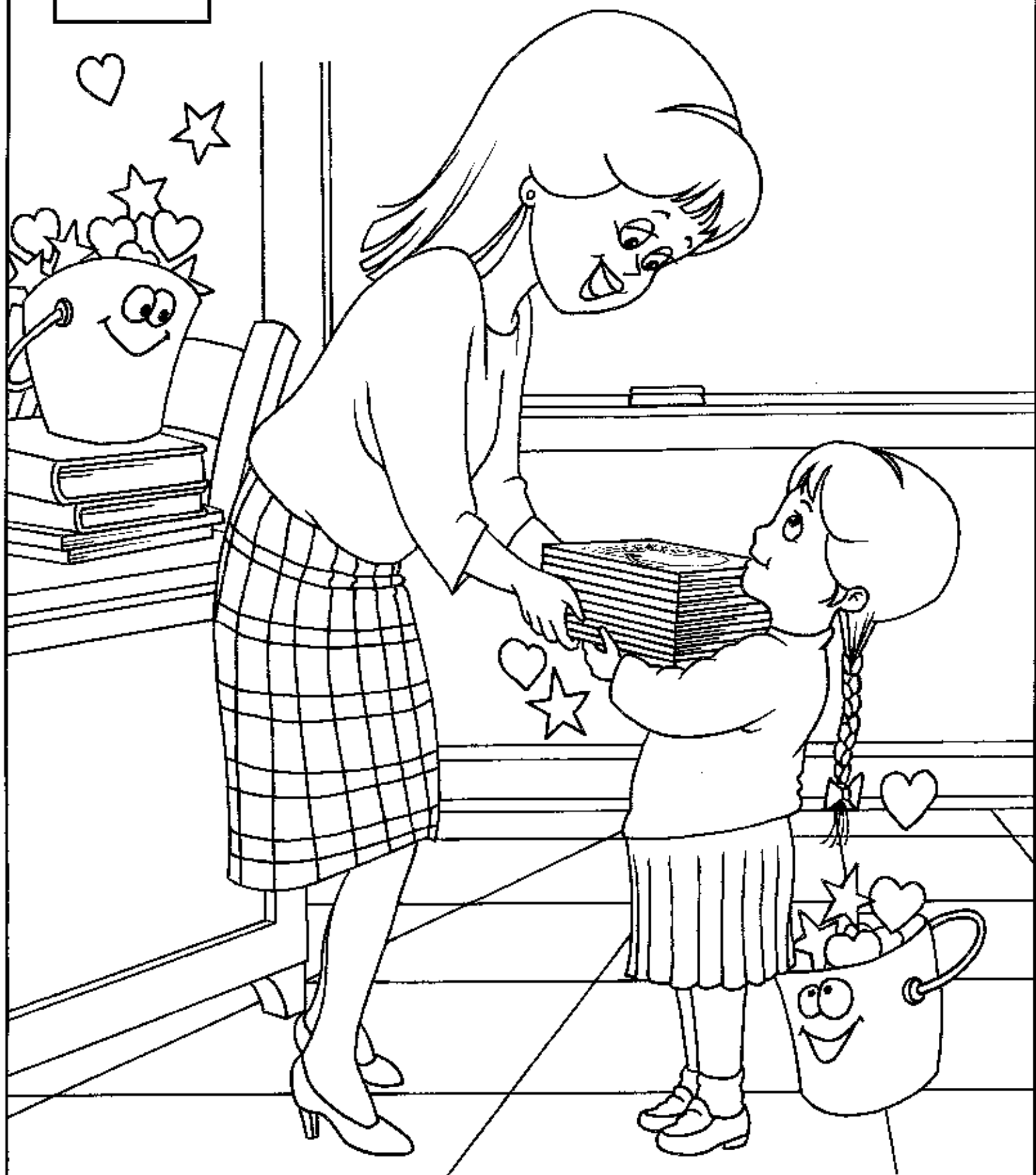


You can fill buckets from A to Z



Aa

Ask if you can help



Bb

Be a bucket filler



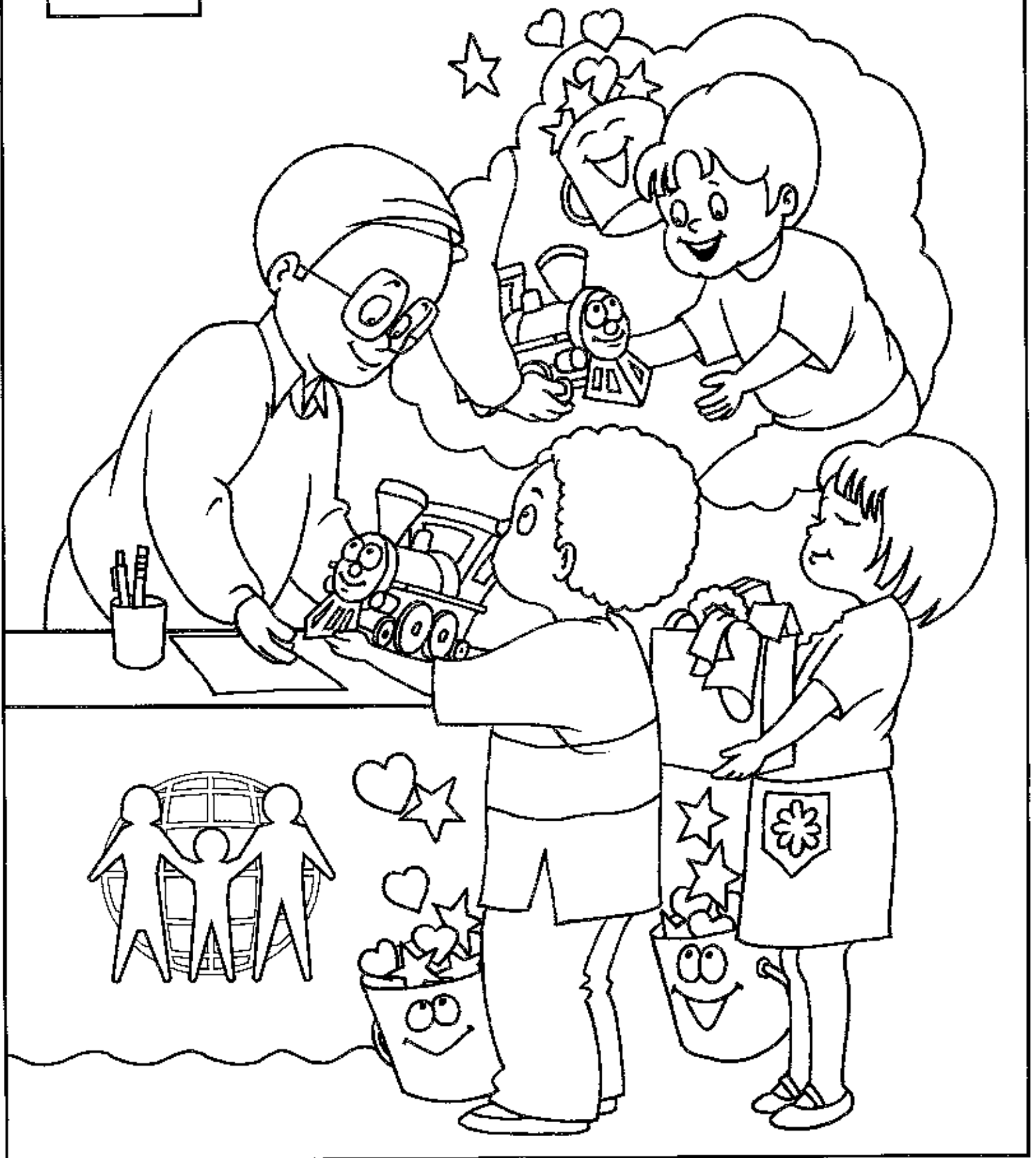
Cc

Cheer up a friend



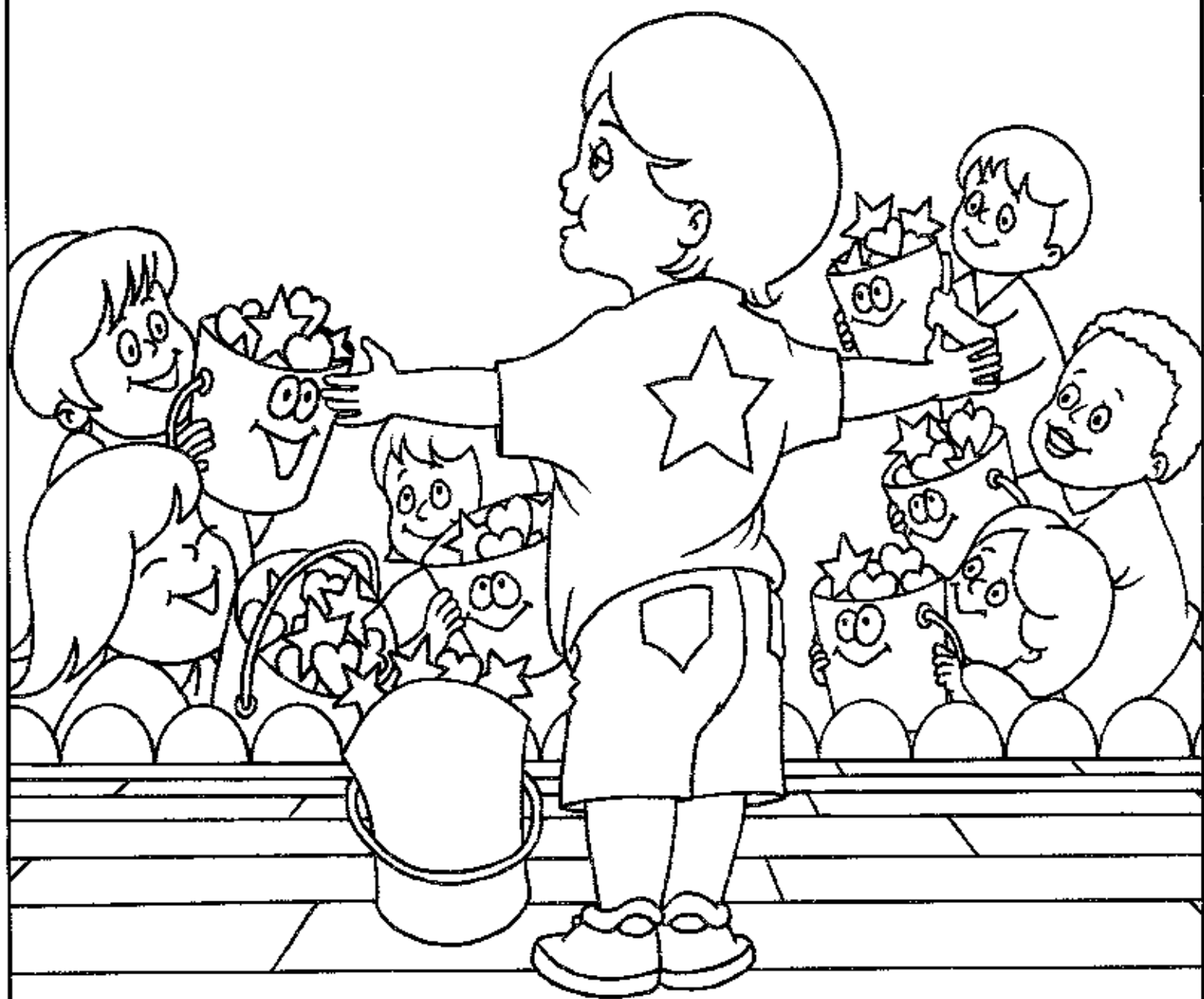
D d

Donate to a special group



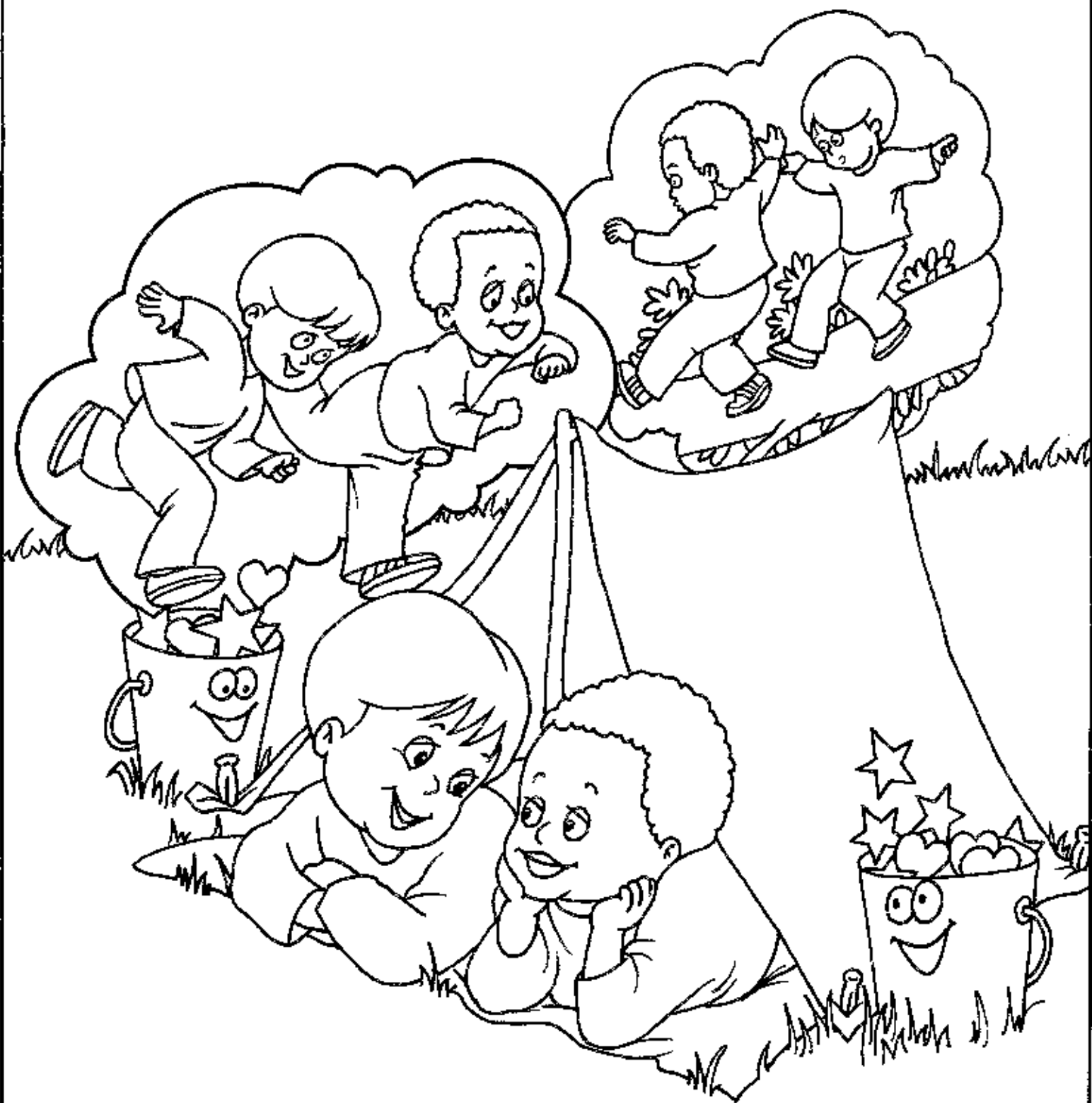
E e

Excited to fill buckets



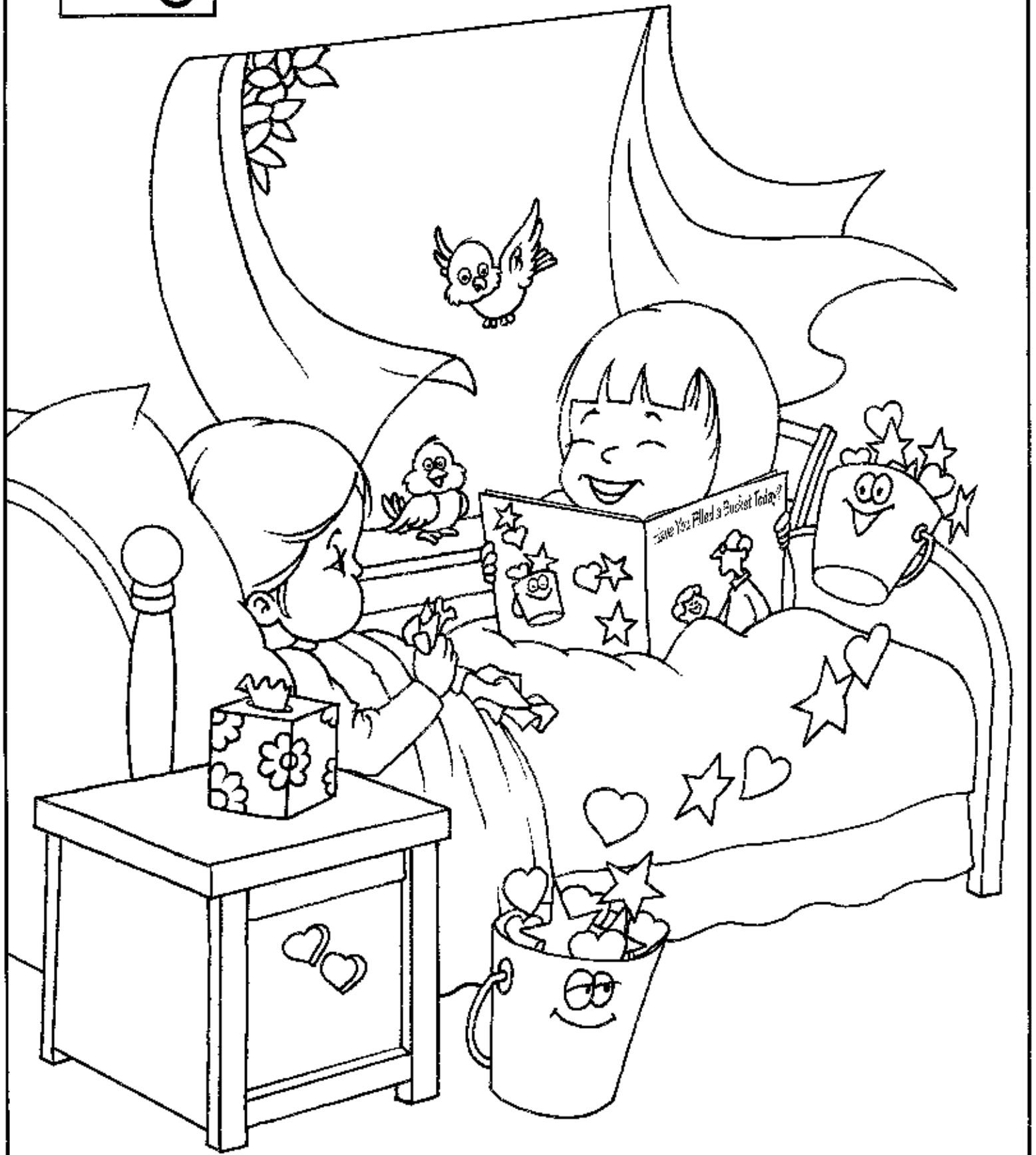
Ff

Friends have fun or hang out



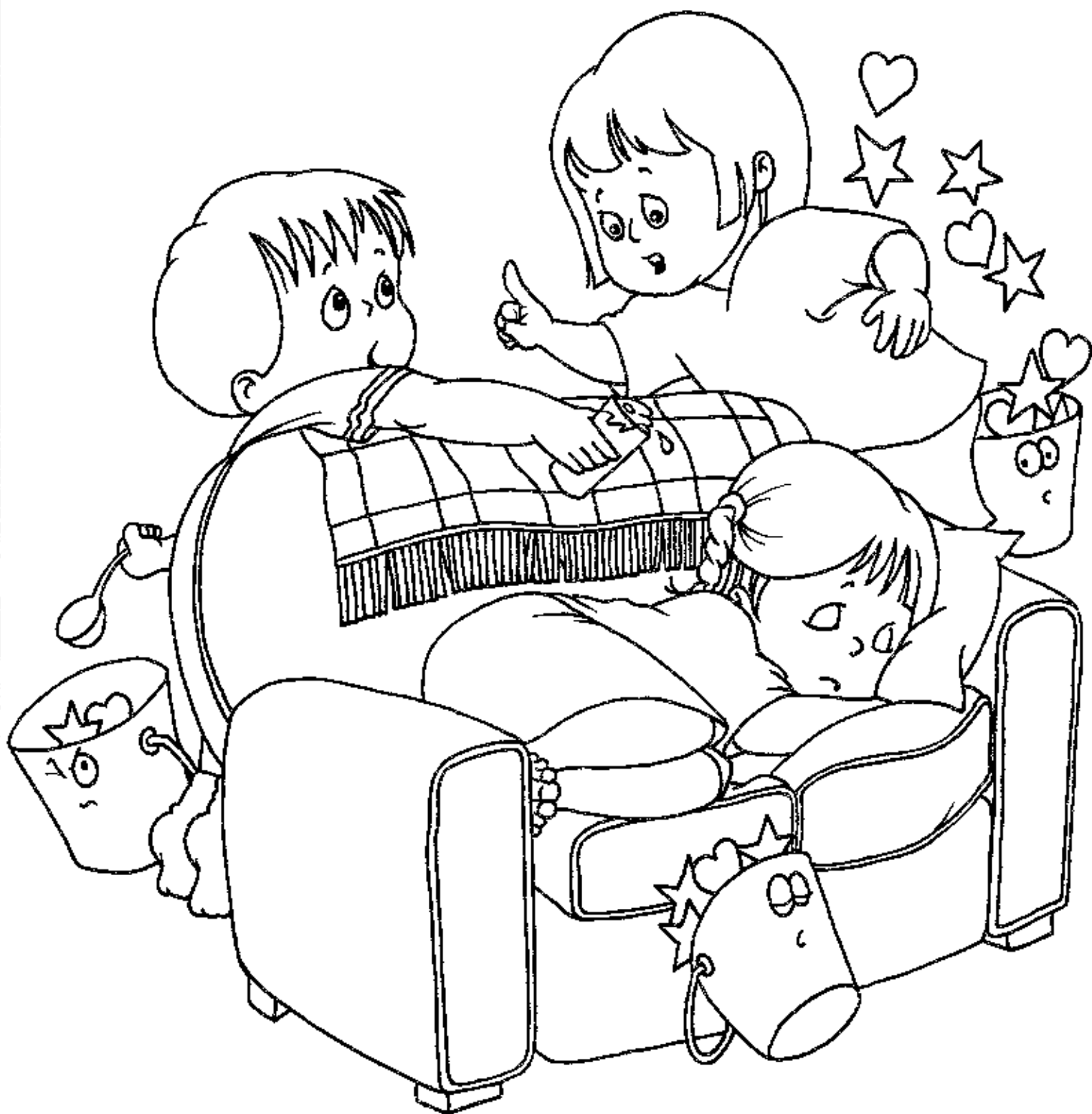
Gg

Give a little of your time



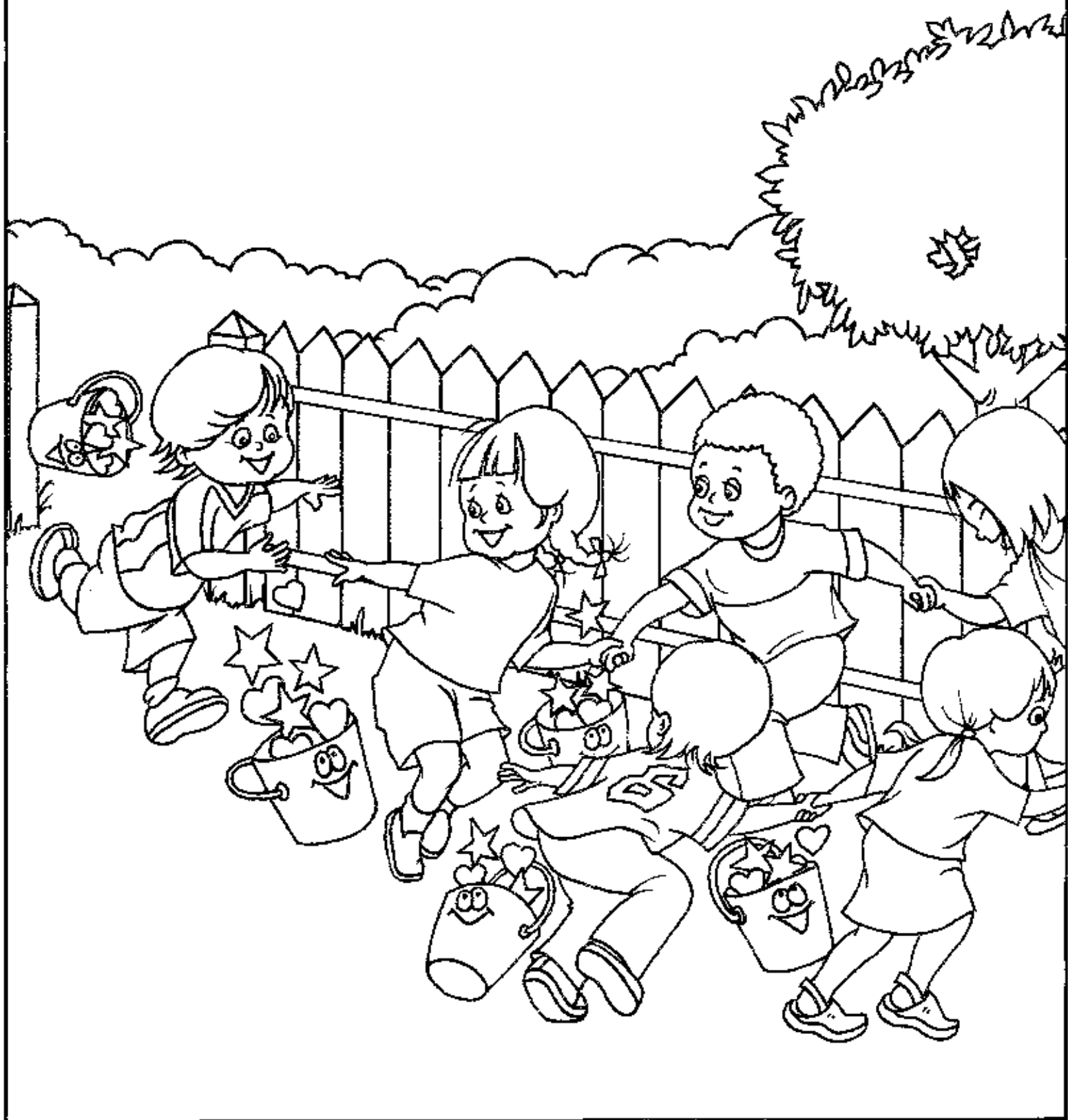
Hh

Heroes look out for others



I i

Invite someone to join the fun



Jj

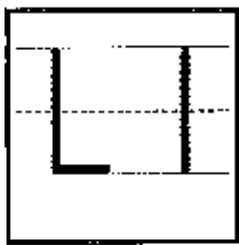
Joyful when you give a hug



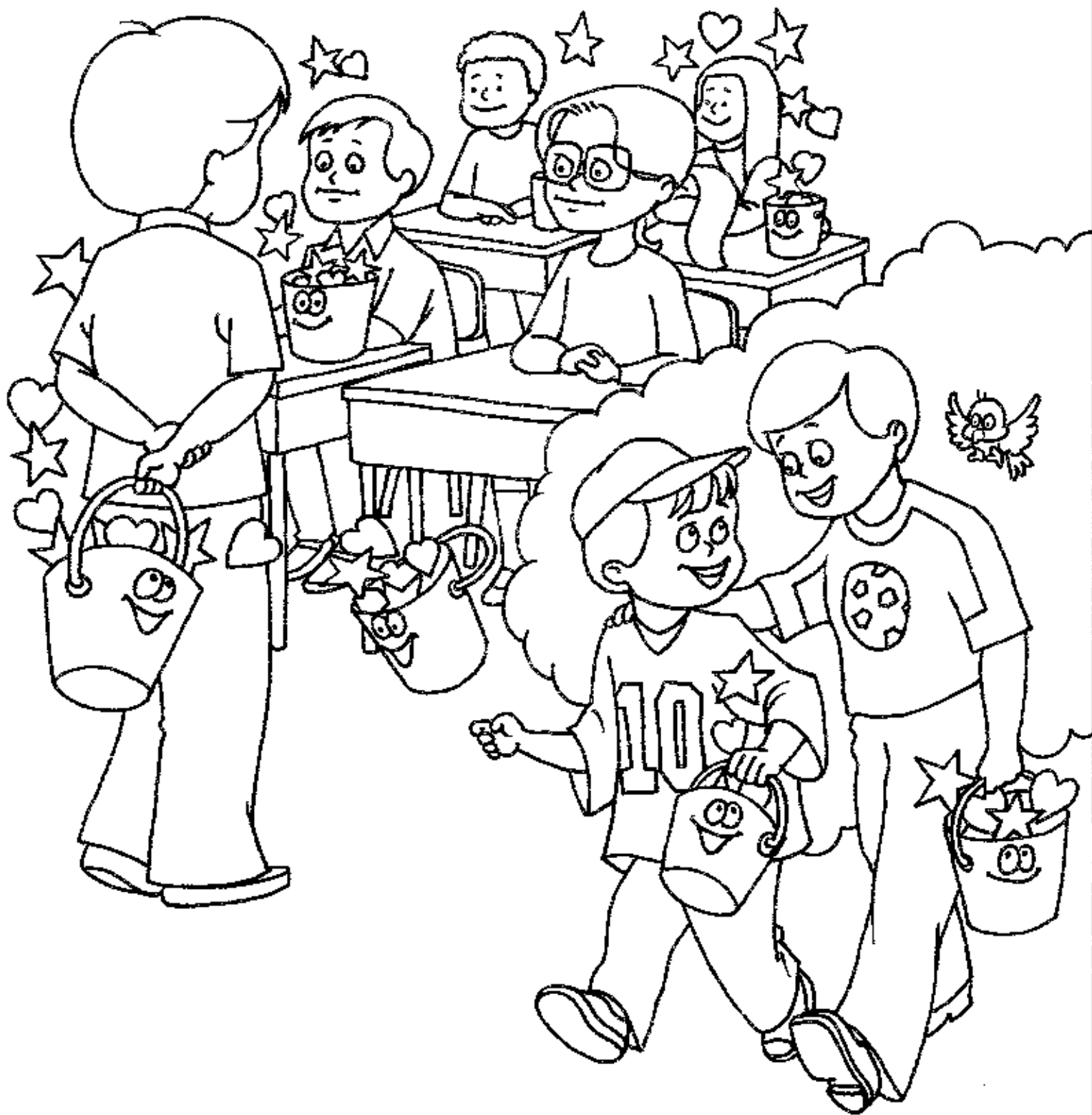
Kk

Kindness brightens your day





Listen when people talk



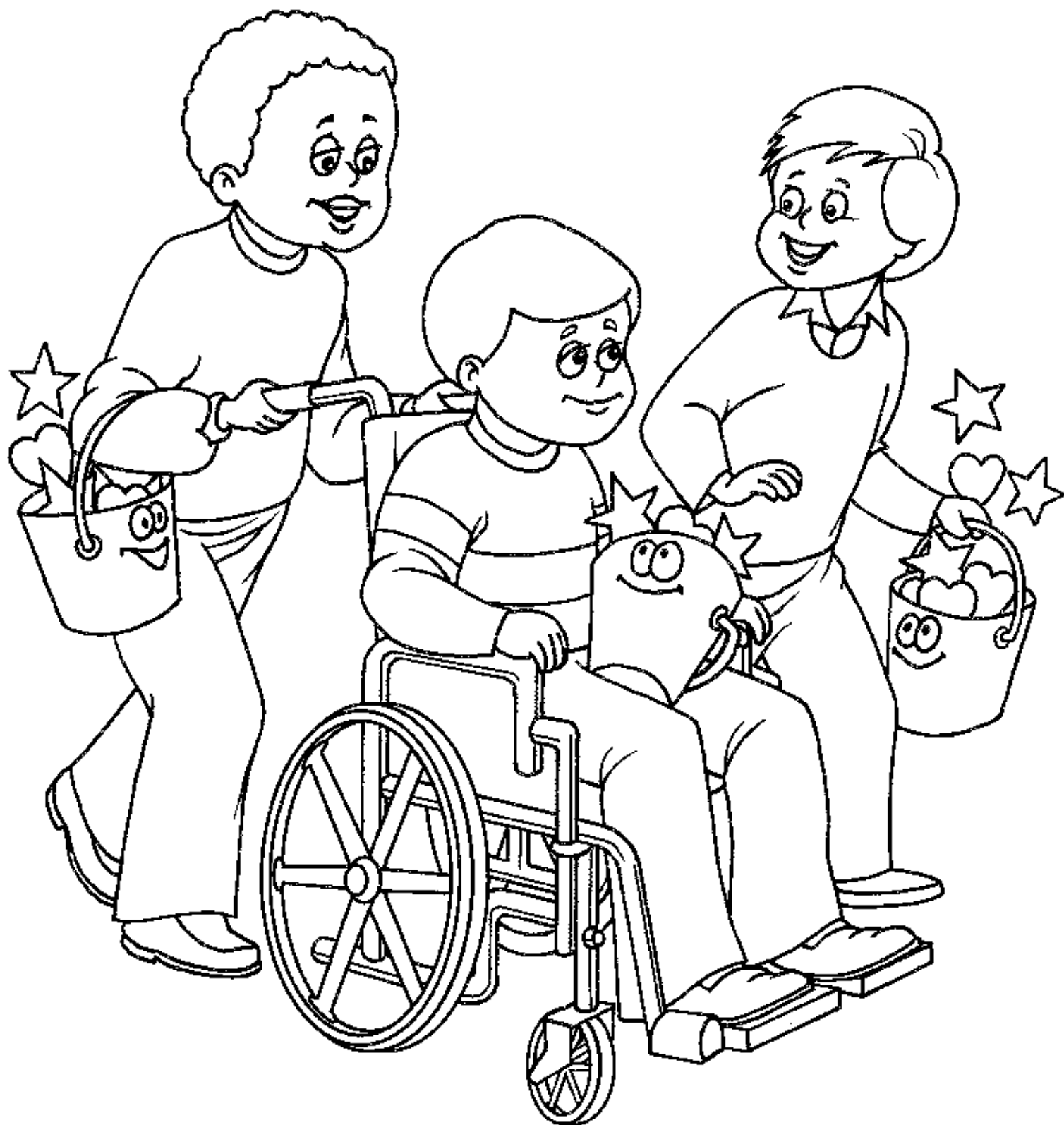
Mm

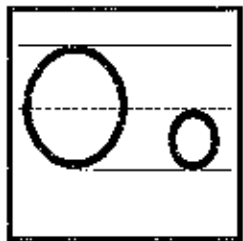
Make a bucketfilling card



N n

Notice helpful things





Offer to help



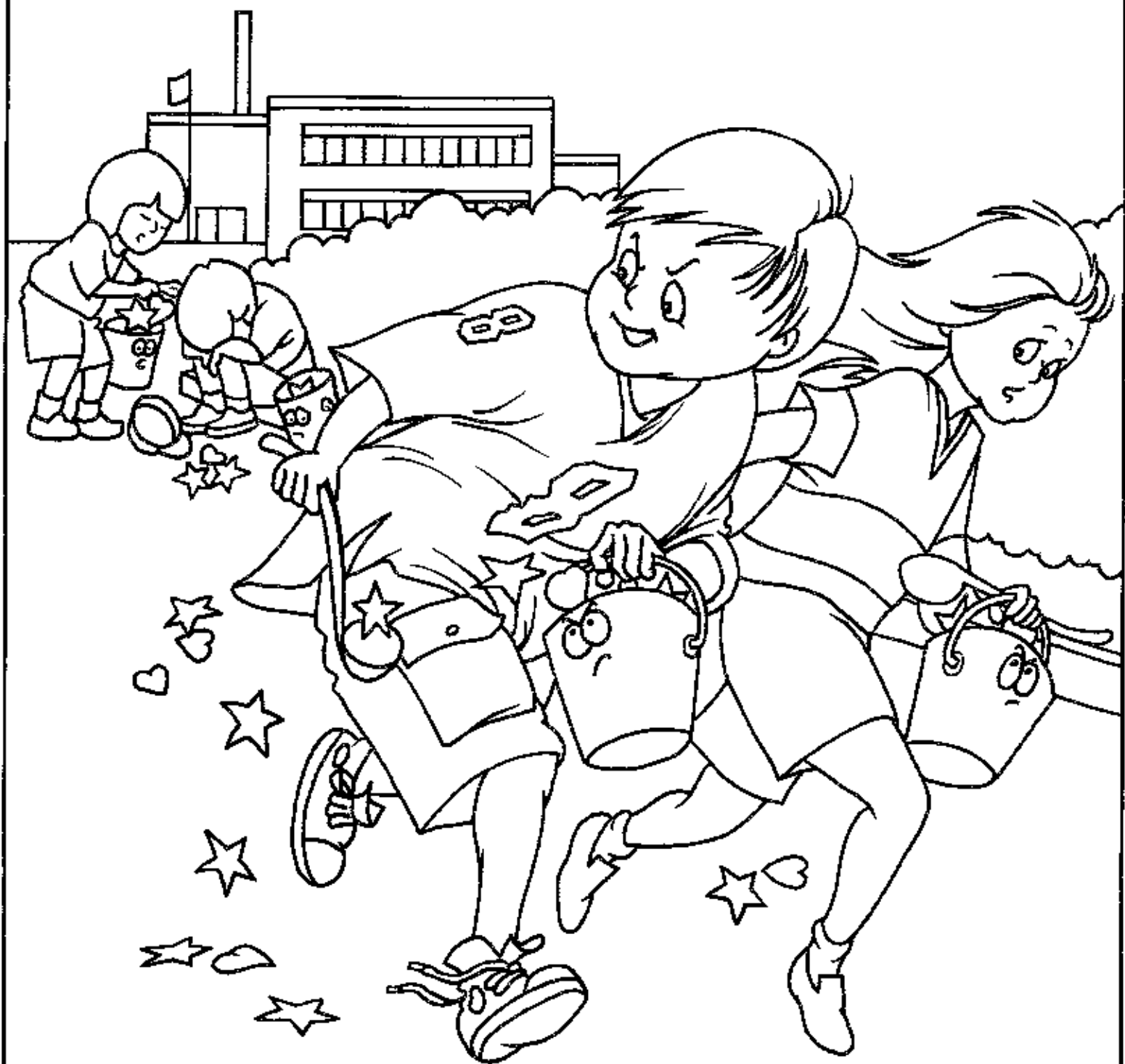
P p

Practice daily bucket filling



Qq

Quit any bucket dipping



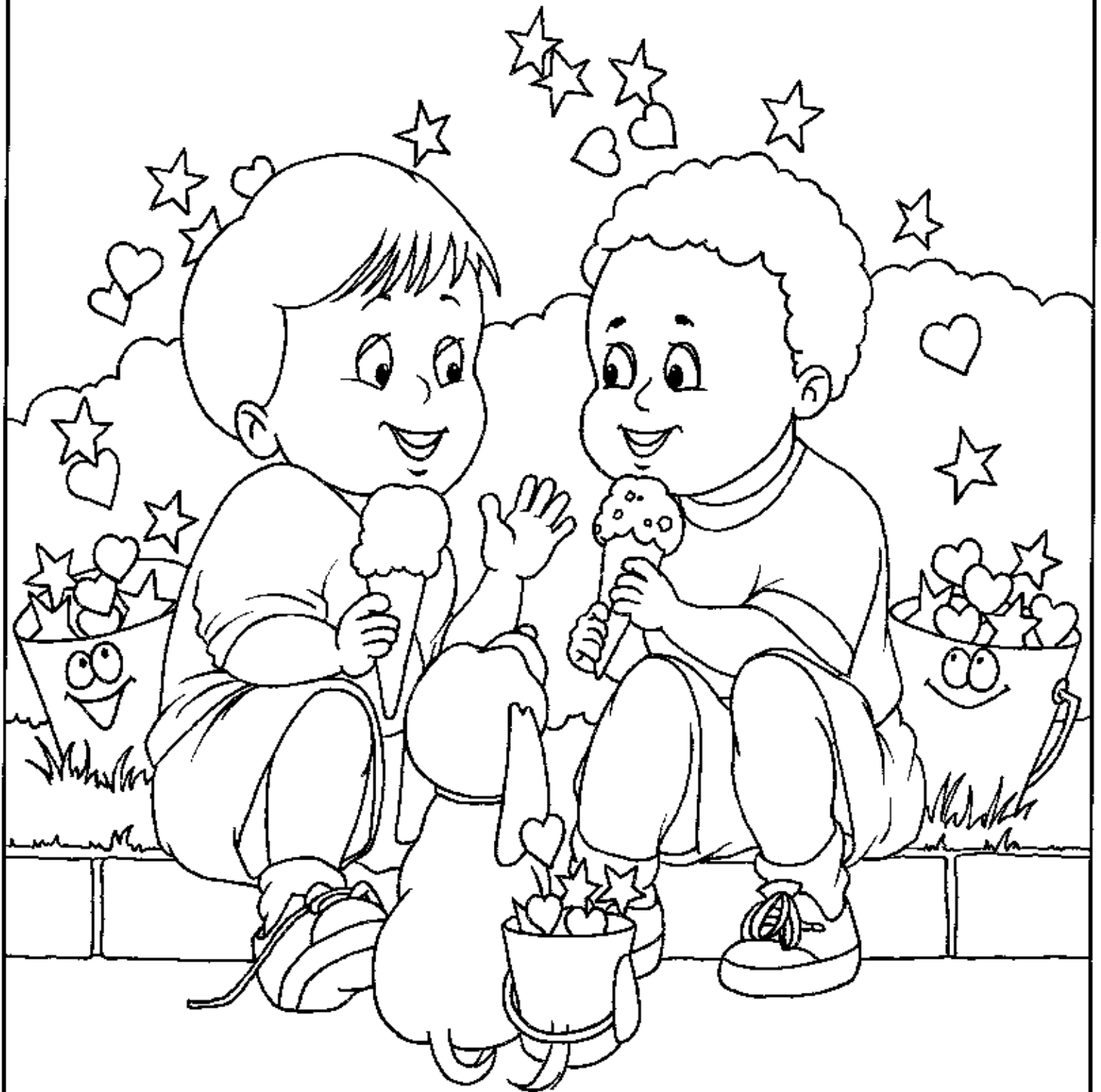
Rr

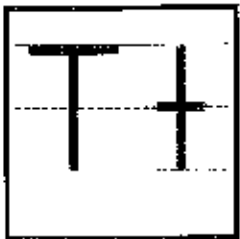
Respect everyone



S s

Smile and see what happens





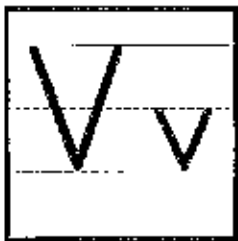
Tell your family you love them



Uu

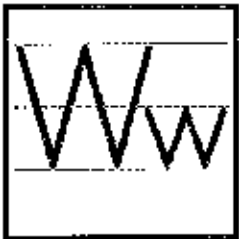
Use kind words



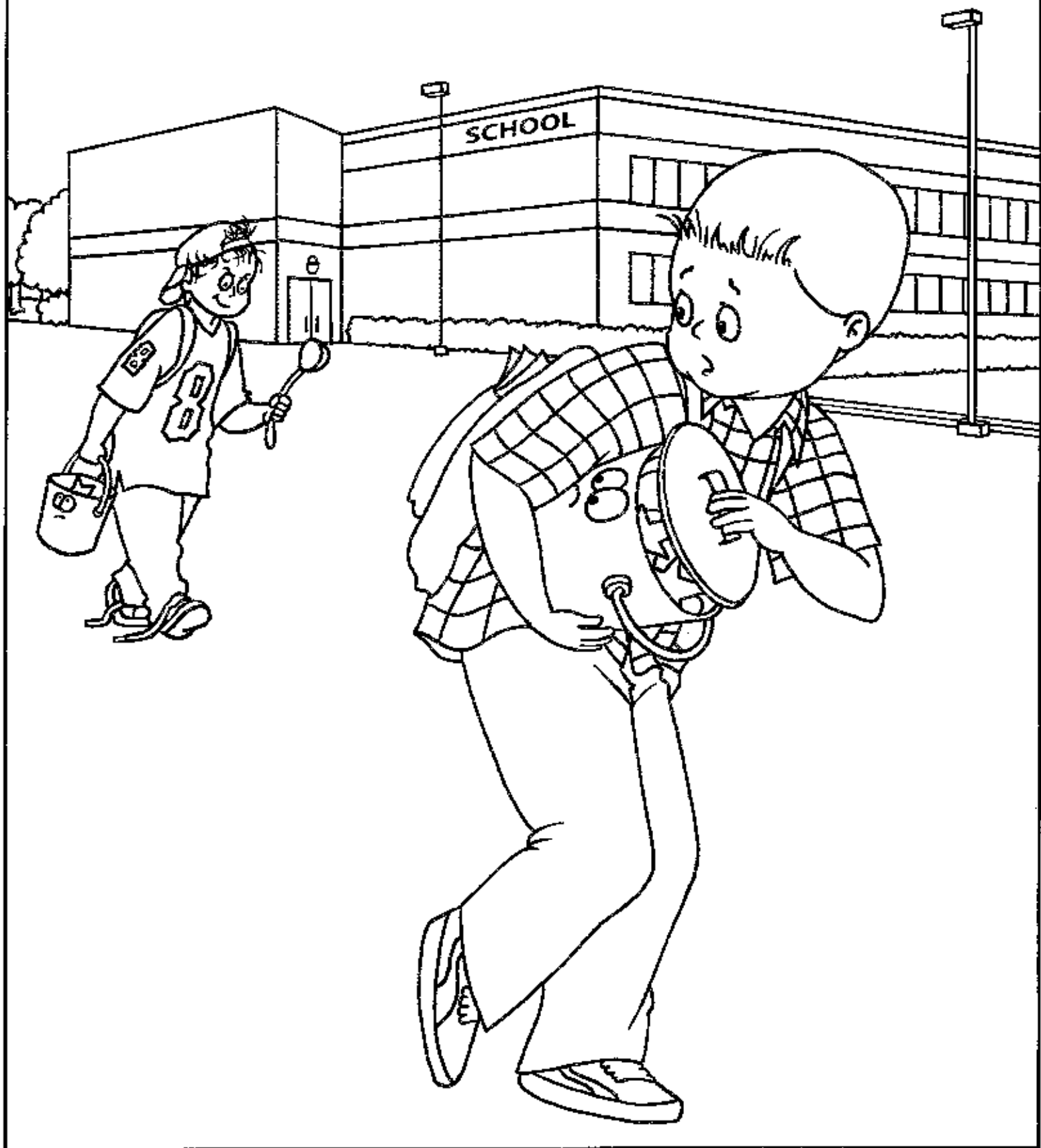


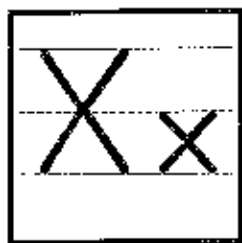
Volunteer to do some work





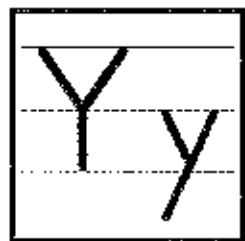
Watch out for bucket dipping





EXtra-special is a friend



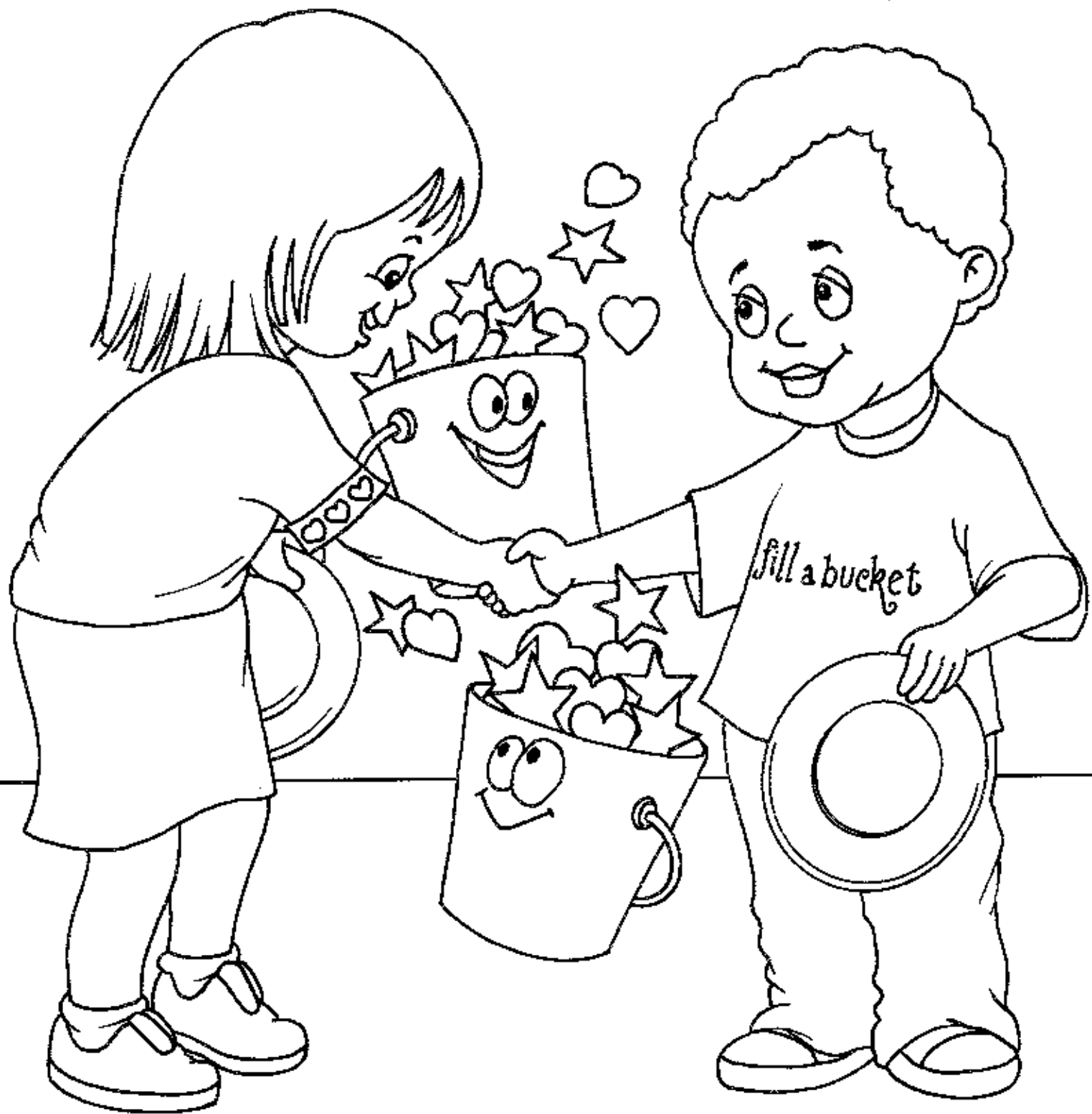


You do your best

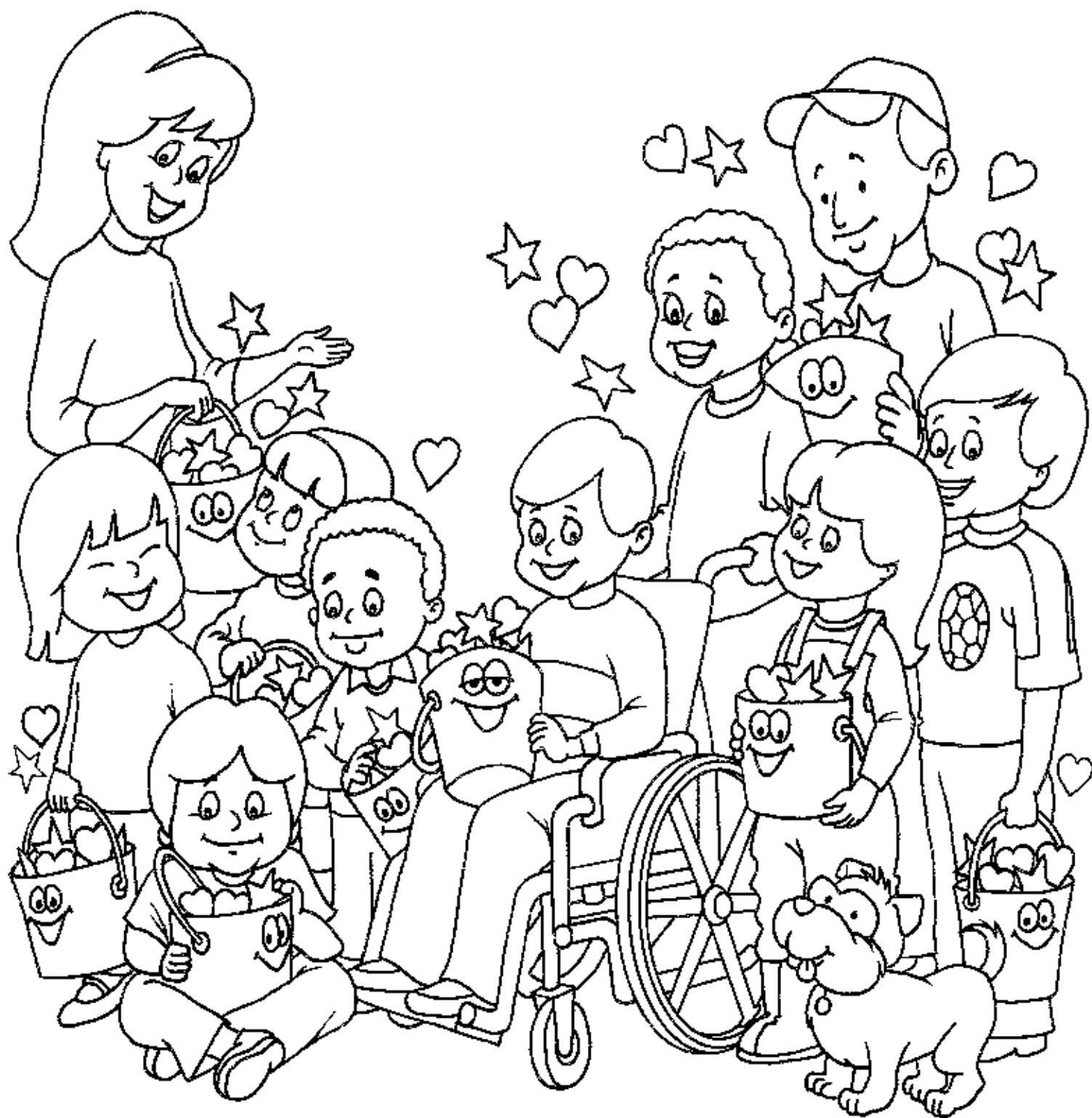


Zz

Zero you can't work out

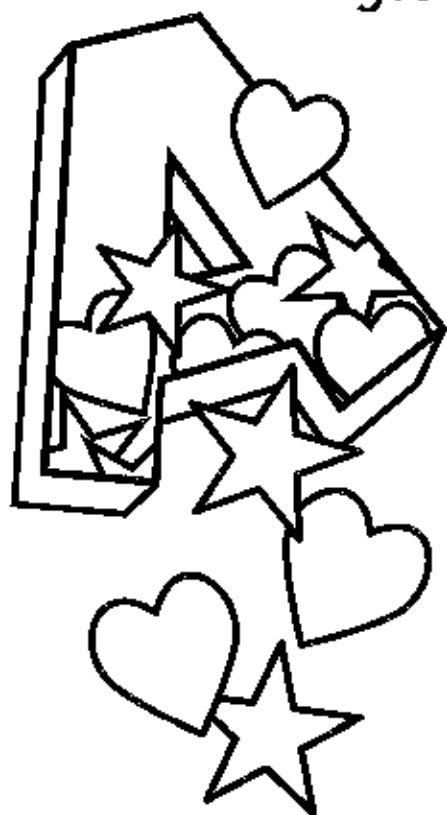


Share these bucketfilling tips



How many ways can you fill buckets?

Use this checklist to keep track of all the ways you can fill buckets from A to Z!



- Ask if you can help
- Be a bucket filler
- Cheer up a friend
- Donate to a special group
- Excited to fill buckets
- Friends have fun or hang out
- Give a little of your time
- Heroes look out for others
- Invite someone to join the fun
- Joyful when you give a hug
- Kindness brightens your day
- Listen when people talk
- Make a bucketfilling card
- Notice helpful things
- Offer to help
- Practice daily bucket filling
- Quit any bucket dipping
- Respect everyone
- Smile and see what happens
- Tell your family you love them
- Use kind words
- Volunteer to do some work
- Watch out for bucket dipping
- EXtra-special is a friend
- You do your best
- Zero you can't work out

